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For ten years he worked as a houseparent at A.S. Neill's famous democratic school Summerhill. He is the author of more than a hundred published articles, on subjects ranging from democratic education, sexuality, psychotherapy, craniosacral therapy and the effects of pre and perinatal stress on babies and children. He has also written two books;

A Free-Range Childhood. Self-Regulation at Summerhill School (2000) and *Transitions to Wholeness. Integrating Prenatal, Transpersonal and Somatic Psychology (2020)*. The former has been published in German as *Kindern ihre Kindheit zurückgeben. Selbstregulation in der Erziehung – das Beispiel Summerhill (2nd Edition 2021)*.

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